

CENTER FOR COMMUNITY SUPPORTED LIVING

Balance, Inc. has been supporting individuals with developmental disabilities in Ozaukee County since 1991. Recognizing that many individuals with developmental disabilities have limited social opportunities, Balance maintains the one-of-a-kind Center for Community Supported Living (CCSL). The CCSL provides a safe, inviting community-based location for disabled individuals who can self-supervise to make new friends, learn new skills and develop a positive support system.

The CCSL is a drop-in style supplement for individuals with disabilities that provides opportunities for social engagement. Friendships are made, and celebrated through casual social activities. The CCSL is not a replacement for structured, supervised programs such as Balance's Pace day program. The normal CCSL hours are from 12:30 pm to 6:00 pm, Monday to Friday. Major holidays are observed. Several times a month, participants will have the opportunity to attend CCSL coordinated outside recreational events.

The Center also provides individuals and families with opportunities for education, skill building, socialization, enhancing the power to make important decisions about our lives—is a right many of us take for granted. For many people with developmental disabilities, their life decisions have been made by well-meaning family members, caregivers, or the systems put in place to oversee their health and well-being. Until recently, many individuals with disabilities have had little to say over where they lived and with whom they lived with, where they worked, or how they participated in the community.

A new approach has emerged called community supported living. The goal of this approach is simple: to engage people with developmental disabilities in discussions and decision making about how they want to live their lives and then mobilize the formal and informal community supports needed to support their hopes, their goals and their dreams.



Features & Benefits

- Social Connectedness
- Community Integration
- Skill Building
- Advocacy & Empowerment
- Education
- Health & Wellness
- Recreation & Leisure

Hours of Operation:

The normal CCSL hours are from 12:30 pm to 6:00 pm, Monday to Friday. Major holidays are observed.

Several times a month, participants will have the opportunity to attend CCSL coordinated outside recreational events. When these outside events coincide with normal CCSL hours, the center space will be closed.

In accordance with the goal of providing a supplemental drop-in center, Balance reserves the right to limit a participant's hours at the CCSL.

Who Is Eligible:

The CCSL is open to high-functioning, self-regulating individuals with disabilities. Balance reserves the right to determine eligibility.

Code of Conduct:

- The CCSL is a safe space for social activities. All participants are expected to treat others with respect and dignity, and to behave appropriately.
- No illegal drugs or alcohol
- No Weapons
- No abusive language
- No aggressive behavior
- Occasionally, interpersonal conflicts may arise. Participants will be mentored and encouraged to find socially acceptable solutions. Balance reserves the right to restrict or remove attendance privileges in order to provide a safe, friendly environment.