

# BALANCE PACE DAY PROGRAM

Balance has been supporting individuals with developmental disabilities in Ozaukee County since 1991. One of the many programs Balance runs is its Pace Day Program.

Pace is a community based activity day program which has become an indispensable part of the lives of individuals who require a high level of support due to their disability. Pace supports individuals of varying and increased severity of disability. Pace clients require either 1:1 care, 2:1 care (2 clients with 1 staff), or a group of 4-5 individuals with a staff member. Pace's model combines individualized plans and community integration at all levels. Over 95% of a Pace client's time is spent immersed in community participation. In 2018, individuals enrolled in Pace Day Services engaged in over 26,000 community outings.

Across all Pace locations, we offer exceptional care and provide daily opportunities for social growth and interaction. The staff support provided through this program help individuals build daily living skills, participate in community activities and events, build and maintain physical health and contribute to the overall strength of the community through volunteerism and community asset building.

A big part of the Balance mission is to give back to the community by providing our clients with extensive opportunities to volunteer at other non-profit organizations and churches. By donating their time, Pace clients are helping to solve shared problems, strengthen their community, make connections and improve the lives of others.

Balance is open to working with any community agency or business willing to offer a model to support to our clients. We work extensively with other strong community partner non-profits providing meaningful community based experiences. These include Meals-On-Wheels, Blue Lotus Farm & Retreat Center, Mequon Nature Reserve, McKinley Place Assisted Living and numerous others. We regularly visit and utilize local resources and businesses such as the YMCA, public libraries, parks and trails, stores and shops, museums, galleries, theater and sporting events.



## Features & Benefits

- Community Asset Building Through Volunteerism
- Daily Living Skills
- Health & Wellness
- Social Connectedness
- The Arts
- Therapeutic Horticulture